

GOAL CARDS: ACHIEVEMENT FOR EXTENDED LEARNING STUDENTS by Leone Junck, retired Ogden educator and award-winner from Future Problem Solving.

Student-authored Goal Cards assist their achievement, motivation, and self-responsibility. Future Problem Solving helps students to learn to be comfortable sharing their ideas and developing skills as effective team players.

RESHAPING PHYSICAL EDUCATION FOR THE 21ST CENTURY: THE FITNESS FACTOR by Diane Bartholomew, assistant professor at Graceland University.

Rational movement has been linked to brain development and physical fitness has been tied to higher academic performance. Review the focus of physical education programs from the pre-1920's "through the physical"training for lifelong leisure activities and the debate which accompanies the shifts.



IOWA ASSOCIATION
FOR SUPERVISION AND
CURRICULUM DEVELOPMENT
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Iowa Educational Leadership will most likely be published exclusively online beginning with our next (April 2007) issue. For each online issue, you will be mailed a one-page flyer (like this one) summarizing the articles which will be on our web site for your access. (www.iowaascd.org)

The Executive Committee would very much like your opinion of this change. Kindly fill out the survey on page 3 of this flyer and mail it to Editor Susanne Baty, 6446 Caves Road, Maquoketa, IA 52060 - or reply to batys@caves.net - quicker, easier, and a savings of 39 cents! It would be very helpful to us to know your position - names are certainly optional.

In the February issue (both in hard copy and online this time only) you will find:

ALTERNATIVE HIGH SCHOOLS: WHAT TYPES OF PROGRAMS LEAD TO THE GREATEST LEVEL OF EFFECTIVENESS? by Dr. Tim Gilson, Assistant Professor, UNI

The growth of alternative high schools in Iowa has been extensive and widespread. This growth has come at such a rapid pace that many characteristics which lend themselves to at-risk student success have been overlooked.



SETTING SAIL FOR WELLNESS by Michele Appelgate, Mason City School Board and Public Information Officer for Cerro Gordo Department of Public Health.

An innovative, cooperative health and wellness program between Mason City Schools and the county Health Department is outlined. "Port Wellness" for middle school students is "designed for fun, not competition." Daily exercise, "Snack Attacks" and nutrition education provide the focus for these optional and free activities.

WELLNESS CORNER by Connie Bjornstad, Okoboji Community Schools nurse.

The Okoboji School District has instituted a Wellness Policy that incorporates physical activities in the guidance program as well as offering healthy foods for breakfast and lunch.

READING FIRST: A COMPREHENSIVE READING PROGRAM

by Alan R. Miller, Chariton Elementary Principal

A research-based Comprehensive Reading Program of classroom instruction for all children and intervention for children at risk of reading difficulty or failure, is in place in Chariton. A Leadership Team, support from AEA 15, alignment with science and social studies standards, and an emphasis on fluency and vocabulary are contributing to student success.



RESEARCH LINK--HEALTH CARE ASSISTANCE: THE INTERSECTION OF HEALTH PROBLEMS AND LEARNING IN HIGH POVERTY SCHOOLS by Rober Pena, Assistant Professor at Arizona State University, submitted by Frank Hernandez, Assistant Professor at Iowa State University.

This study has important implications for how schools and districts can improve their health care delivery, and recommendations for health care in schools with high numbers of culturally and economically diverse students. Federal legislation mandates that public schools provide services to enrolled children who experience health problems and disabilities. The research is clear that the health of children has an impact on their academic learning.

As Iowa schools become more culturally and economically diverse, how will school and district administrators balance the academic and health needs of their students? This article speaks to the important need to conduct health audits at schools and in districts so that health care practices and resources can become more transparent and to improve our understanding of the relationship between health and learning.

MOTIVATIONAL EFFORTS TO IMPROVE THE CURRICULUM

by Dr. Marlow Ediger, Truman State University Professor Emeritus

The No Child Left Behind Act has changed the educational landscape. A federal law with state standards is in the offing. A pupil may fail a grade or a school may be labeled as failing if appropriate scores on tests are not attained. The author outlines his recommendations for change in order to truly improve curriculum and instruction.



JOB SATISFACTION OF IOWA PUBLIC SCHOOL PRINCIPALS by Boris Sodoma, doctoral student at the Institute for Educational Leadership (IEL) at the University of Northern Iowa (UNI) and David Else, Associate Professor and Director of the IEL at UNI. They may be contacted at bs453687@uni.edu and david.else@uni.edu.



How has principal job satisfaction changed since 1999? What are the most significant factors which determine how administrators view their positions? How has NCLB affected this? Read this interesting UNI (Institute for Educational Leadership) study to gain a current perspective on the changing role of principals and the effect this has on their comfort with their roles.



MOVING AHEAD

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_____ I like this format -- a summary of articles which are accessible online.

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Three “extra” features in each IEL may or may not continue to be a part of the issues, based on your input. Please indicate whether these are useful and/or of interest to you:

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